

# NUTRITION AND DIETETICS

Curriculum Guide for Academic Year 2021-2022

## Table of Contents

Associate in Arts Degree, p. 1

Certificate of Achievement, p. 2

Nutrition Assistant Major	43 units
General Education/A.S. §	19 units

**Associate Degree requirements continued from the previous page:**

- Scholarship:** Maintain an **overall grade point average (GPA) of 2.0** ("C" average) based on all accredited college work applied to the degree, no matter where completed. For this **field of concentration, complete each course above** with a **grade of "C" or better**, or "P" if course is graded on a P/NP basis.
- Residence for the Degree:** Complete at least 12 semester units of the required 60 semester units in residence at Long Beach City College in order for the college to grant an Associate of Arts and/or an Associate of Science Degree.
- Residence for the Field of Concentration:** Complete fifty percent (50%) or more of the unit requirements for this field of concentration in residence; this means:  
 For the **Dietetic Supervisor program**, complete **at least 15 units** of the required 30 **at Long Beach City College**.  
 For the **Nutrition Assistant program**, complete **at least 21.5 units** of the required 43 **at Long Beach City College**.  
 Credit earned by exam, where applicable, may be included.
- General Education and Proficiency Requirements:** Complete the required A.A./A.S. General Education and Proficiency requirements\*, otherwise known as "Plan A". For Plan A requirements, refer to the general catalog or view it online at <http://osca.lbcc.edu> . A Nutrition Assistant must have a minimum of an Associate Degree but degree may be from another accredited institution.
- Complete and submit the degree application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at <http://admissions.lbcc.edu/> . Refer to the Schedule of Classes (<http://schedule.lbcc.edu>) and click the "Important Dates" link to view the actual deadline for each semester.
- Competency Testing Procedures: Students must also successfully pass a competency examination with 70% accuracy before a Certificate of Achievement is awarded at the conclusion of the DSS and NA programs. Student must contact the Nutrition And Dietetics Director to arrange for testing once they have completed all program requirements.

\*The requirements for general education/proficiency and the field of concentration (major) need to be from the same catalog year. This catalog year may be any year between the year of initial enrollment to the present, provided continuous enrollment is maintained throughout. See the catalog for definition of "continuous enrollment".

Program of study leading to:  
**Certificate of Achievement**





clinics, and other health care facilities. Completers are also employed in long-term care, public health settings, child & elder care nutrition programs, weight management programs, W.I.C. and in food service management.

For the Nutrition Assistant Program, students must fulfill the Associate Degree requirements. Final competency exams must also be successfully passed at the conclusion of both programs. The students will then have earned both the Associate Degree and the TWO Certificates of Achievement.

## **Program Mission and Outcomes**

The mission of the Nutrition and Dietetics degree at Long Beach City College is the development of the student competency to provide nutritional care services in food service management and clinical nutrition care.

Outcomes:

- Synthesize the theory and principle of clinical nutrition care.
- Manage a Healthcare Kitchen to industry standards.
- Develop and conduct a nutrition presentation within a community agency.

Certificate of Completion, Certified Dietary Manager (CDM) Board Exam Preparation

The Certified Dietary Manager program provides topics including information, resources, and insights to facilitate students' preparation for the national credentialing examination for dietary managers in health care institutions. Topics cover the five competency areas included in the Certified Dietary Manager (CDM) Board exam, namely: Nutrition, Foodservice, Personnel and Communications, Sanitation and Food Safety, and Business Operations.

Program Student Learning Outcomes:

- Describe the various topics of the CDM Board Exam BluePrint.
- Pass all three sections of the CDM Board Practice Exam including Personnel and Communications section, Sanitation